



Urologic Consultants
of Southeastern Pennsylvania

DESCRIPTION OF CYSTOSCOPY

Cystoscopy is a procedure that is used to visually inspect the bladder and the urethra (tube leading out of the bladder). This can be done in most instances without discomfort with the use of a local anesthetic jelly (not a shot)!! You will lie flat on a table and the penis will be cleaned (or prepped, as we say). A local anesthetic will be placed into the urinary channel and left for a short time. The cystoscope or telescope is passed into the bladder and the inspection is carried out. The entire exam takes less than 10 minutes. Afterwards you might expect a little discomfort with voiding and perhaps a spot of blood for a day or so. A warm bath helps to relieve this irritation and will wash off the soap we've used to prep the area. You may receive some antibiotics for a few days afterwards. Ask if you have questions--it's not as bad as you think--honest!

POSSIBLE RISKS OF CYSTOSCOPY

After this type of procedure a small risk of infection exists. If new symptoms of burning, frequency or bleeding occur afterwards, please let us know.

PREPARATION FOR CYSTOSCOPY

No restrictions of diet, fluids or medications exist for this examination.