



**Urologic Consultants**  
of Southeastern Pennsylvania

### **DESCRIPTION OF UROFLOW (URINE FLOW RATE)**

The uroflow is a study to determine the flow rate of your urine during voiding. To make sure that the test is done properly you must come to the office with a full bladder--don't urinate before the procedure. You will be asked upon arrival to void into a measuring device in a private room (nobody is watching). You must try to void with as much force as possible. This is one of the few tests in medicine which never hurts and doesn't involve a needle. If your bladder isn't full, please drink fluids until it is full, to make the test meaningful.

### **POSSIBLE RISKS OF UROFLOW (URINE FLOW RATE)**

There are no risks with this procedure.

### **PREPARATION FOR UROFLOW (URINE FLOW RATE)**

It is also essential that you come to the office for this test with a full bladder. Try to drink 16 ounces (two cups) of water one hour prior to your examination. If for some reason you must void before the test starts then make sure that you drink plenty of fluids to refill the bladder as soon as possible. A full bladder gives us the best results.